

Goals

To improve the safe and effective use of medications among patients following hospital discharge

Aims / Hypothesis

AIM 1 Understand how “Secure Messaging for Medication Reconciliation Tool” (SMMRT) could be utilized after hospital discharge

AIM 2 Characterize Veteran/clinician perceptions and usability testing of SMMRT

AIM 3 Refine SMMRT prototype to establish secure two-way communication between patient and healthcare team

AIM 4 Pilot SMMRT prototype among Veterans returning home after hospital stay

HYPOTHESIS: pharmacist-facilitated medication reconciliation via secure messaging may improve medication safety in the post discharge period.

Methods

Subjects & Study Design

- Secure messaging observations at 3 primary care clinics within the VA Boston system (Winter 2012)
- In-depth interviews with 15 primary care clinicians to understand perceptions of medication reconciliation and secure messaging (Spring 2012)
- Pilot SMMRT among 50 Veterans being discharged from hospital to home
- (Summer 2012)

Outcomes & Analysis

- Qualitative analysis of interviews using *Nvivo* to elicit themes and shared perceptions
- Descriptive analysis of secure messaging observations
- Process-related outcome measures for medication reconciliation and secure message exchange in the pilot phase

Discharge Medication Lists for Patients

Current Format

Your Medication List after your hospital stay in the VA Boston Healthcare System has been prepared for you by: Dr. Smith

Date prepared: January 2, 2011

Patient: Mr. Wilson

Medications List for Mr. Wilson

It is important that you show this medication list to every doctor, nurse and pharmacist you see. It will help them care for you.

CURRENT MEDICATIONS:

CARBOXYMETHYLCELLULOSE 0.5% (OPH/PURITE)
SIG: INSTILL 1 DROP (PURITE 0.5%) IN LEFT EYE FOUR TIMES A DAY FOR EYE IRRITATION

HYDROCHLOROTHIAZIDE 25MG TAB
SIG: TAKE ONE TABLET BY MOUTH EVERY DAY TO REMOVE FLUID/CONTROL BLOOD PRESSURE

NIFEDIPINE (EQV-CC) 30MG SA TAB
SIG: TAKE BY MOUTH EVERY MORNING FOR HEART (BLOOD PRESSURE)

METOPROLOL SUCCINATE 50MG SA TAB
SIG: TAKE (DO NOT CRUSH) ONE AND ONE-HALF TABLETS BY MOUTH IN THE MORNING FOR BLOOD PRESSURE/HEART

LOSARTAN 25MG TAB
SIG: TAKE THREE TABLETS BY MOUTH AT BEDTIME TO CONTROL BLOOD PRESSURE

SIMVASTATIN 80MG TAB
SIG: TAKE ONE-HALF TABLET BY MOUTH AT BEDTIME FOR REDUCING CHOLESTEROL

CALCIUM (OYSTER SHELL) 500MG TAB TAKE 1 TABLET BY MOUTH TWICE A DAY TO SUPPLEMENT CALCIUM/STRENGTHEN BONES

ASPIRIN 81MG EC TAB 81MG BY MOUTH EVERY DAY

MEDICATIONS STOPPED:
FUROSEMIDE
LABETALOL

MEDICATIONS STARTED:
None

MEDICATIONS CHANGED:
HYDROCHLOROTHIAZIDE
ASPIRIN 81MG EC TAB

SMMRT Prototype

- Patient friendly
- Administration schedule
- Real-time medication photograph

Patient Name: Mr. Wilson Date Prepared: 01/02/2011

Primary Care Physician: Dr. Smith Hospital Discharge Diagnosis: Disease A

Allergies: None Known

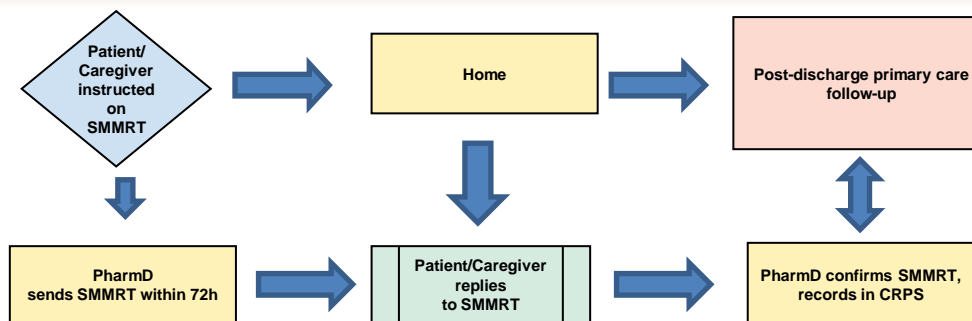
VA Medicine

Your VA medical record indicates that you are taking the medicine...

Medicine Name and Dose	What it's for	Morning/ Breakfast	Noon/ Lunch	Evening/ Dinner	Night/ Bedtime	Are you taking this medicine as described?	If "No", how are you taking the medicine?
Carboxymethylcellulose 0.5% OPH	Eye Lubrication					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Hydrochlorothiazide 25mg	Remove Fluid/ Blood Pressure					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Nifedipine 30mg	Heart					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Metoprolol Succinate 50mg	Blood Pressure/ Heart					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Losartan 25mg	Blood Pressure					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Simvastatin 80mg	Reducing Cholesterol					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Calcium 500mg	Strengthening Bones					<input type="checkbox"/> Yes <input type="checkbox"/> No	
Aspirin 81mg	Heart					<input type="checkbox"/> Yes <input type="checkbox"/> No	

- ✓ Pharmacists can triage, address or relay medication issues, which may reduce adverse drug reactions and healthcare utilization

SMMRT Pilot



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